

Chaparral Fitness Center, Bldg. 7346, • 671-2401/2361

WEEKLY

PULL-UP

CHALLENGE Male or Female

How many can you do in one minute?

Monday - Friday
8 a.m. - 6 p.m.

Top Male and Female
Win a t-shirt & water bottle

Open to all DoD ID cardholders

lacklandfss.com

AF SERVICES
**Fitness
& Sports**

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FORCE
SUPPORT SQUADRON