

ZUMBA

Warhawk Fitness Center
671-2016

with Maricela Griggs
Tuesday/Thursday 6 - 7 pm

with Leilani Wilson

Monday - Thursday

4:15 - 5:15 pm

Saturday 10:30 - 11:30 am

Medina Fitness Center
671-4477

with Maricela Griggs
Saturday 9:30 - 10:30 am

with Yuko Bautista

Tuesday - Thursday 9 - 10 am

with Annette Martinez

Tuesday/Thursday 7 - 8 pm

Chaparral Fitness Center
671-2401

with Yuko Bautista

Wednesday

Noon - 1 pm

4:15 - 5:15 pm

Bennett Fitness Center
925-4848

with Laura Mendoza-Mante

Tuesday/Thursday

11 am - Noon

\$2 per person per class

Bring plenty of water and two towels!



lacklandfss.com

