

**FREE**

Lackland Force Support Squadron

# Spotlight

2009 Best Large Force Support Squadron in AETC  
**DINING • ENTERTAINMENT • FITNESS • RECREATION**

Lackland Air Force Base, TX  
Volume 4, Issue 5 September-October 2010



Lackland Facility Map **INSIDE**

**PAGE 6** Information, Tickets & Travel Vacation Expo

**PAGE 14** How to Avoid the Latest High-Tech Scams

**PAGE 12** Gateway & Kelly Clubs

**PAGE 16** Car Shopping with Credit Problems



# Lackland Force Support Squadron Spotlight Magazine

Lackland Air Force Base, TX

Commander, Force Support Squadron  
MAJ Chad W. Schrecengost

Marketing Director  
Debbie Milner

Writer/Visual Information Specialists  
Wilhelmina F Lorena  
John M. Ramirez

Publicity Assistant  
Larry Overton

Web Master/Visual Information Specialist  
Natalia Lathrop

Commercial Sponsorship  
Al Conyers  
Lucy Garcia

## CONTENTS

### SERVICES

- 5 Gateway Hills Golf Course
- 6 Information, Tickets & Travel
- 7 Arts & Crafts
- 8 Community Centers
- 8 Outdoor Recreation & Aquatics
- 9 Youth
- 9 Library
- 10 Fitness & Sports
- 12-13 Clubs

### ARTICLES

- 11 Plastic Presents - Getting the Most Out of Gift Cards
- 14 Disconnect - How to Avoid the Latest High-Tech Scams
- 15 Protect Your Home Guide
- 16 Car Shopping with Credit Problems
- 17 Nine Reasons You Shouldn't be a Cosigner
- 18 Meaning of Christmas

- REFERENCE 20 Lackland Base Map
- 22 FSS Directory

### PUBLISHER ADDRESS

**MM**  
(512) 558-1716  
[ssmlafb@hotmail.com](mailto:ssmlafb@hotmail.com)  
350 North Guadalupe St., Suite 140-288  
San Marcos, TX 78666

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Force Support Marketing,  
1820 Nellis Street,  
Lackland AFB, TX  
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CELEBRATING 100 YEARS OF MILITARY AVIATION

# 2010 AIR FEST

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FREE ADMISSION & PARKING

FEATURING

U.S. AIR FORCE THUNDERBIRDS

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ARMY GOLDEN KNIGHTS

WWW.LACKLANDFSS.COM



USAF PHOTOS BY SRA NICHELLE ANDERSON AND SSGT KRISTI MACHADO



## Gateway Hills Golf Course

Phone (210) 671-3466  
1800 Dimsted Pl. Bldg. 2901

### Get Golf Ready Now on Saturdays!

Perfect for those busy adults, the Gateway Hills Golf Course now takes their popular weekday golf instruction course to Saturday mornings. Learn how to make a tee time, drive, chip, and putt from a PGA professional.

Choose from two four-session lessons: September 11, 18, 25, and October 2 or October 9, 16, 23, and 30. Classes run 8:30-10:30 a.m. For more information or to register, please visit or call the Gateway Hills Pro Shop for details at 671-3466.

### Money Ball Tournament

- September 12
- Scramble
- 8 a.m. shotgun
- Teams of 3 or 4
- Call for more information

### Glowing Greens Scramble

October 24

The Gateway Hills Golf Course will host the Third Annual Glowing Greens Scramble Golf Tournament on October 24 with a 4:30 p.m. shotgun. Golfers will play nine holes during the day and nine illuminated holes at night.

Prizes will be awarded to tournament winners. Don't forget to come in costume as this fun Halloween tournament will also feature a costume contest. Prizes will be awarded for best individual costume and best team costume. For more information, call 671-2517.



October 1, 2010  
4:30-10 p.m.  
Kelly Field Club, Bldg. 1676

Customer Appreciation Day

• Entertainment • Real German Beer • Complimentary German Dinner • Kids' Activities • Giveaways & Prizes



No federal endorsement of sponsors intended

## Paragon Casino Marksville, Louisiana

**October 10-11**  
Travel with ITT on their tour to "The Pearl of Louisiana," the Paragon Casino in Marksville this Columbus Day weekend. Take advantage of



this package tour for \$75 per person double occupancy, \$115 single which includes transportation, hotel with taxes, \$10 food voucher and \$20 casino cash. You won't have to wait to get to the casino for the fun to begin! You will have chances to win several prizes during the bus ride. This trip departs Arnold Hall at 6:30 a.m. October 10 and returns approximately 10 p.m. the following day. Snacks, water and soft drinks will be provided during the trip while they last. Travelers must be 21 years or older. Sign up at ITT no later than September 17.

## 2010 Vacation Expo

**October 29, 10 a.m.-1 p.m.**

Need some ideas on your next travel destination? A culmination of the travel industries' experts will be at the Arnold Hall Community Center October 29 from 10 a.m. to 1 p.m. Visit with representatives from hotels, ski resorts, cruise lines, rental car companies, and attractions. Take advantage of vendor specials and savings offered to

customers who book on this day only. Door prizes will be awarded every half hour. Plus enjoy free food while it lasts.

## We're Your Travel Experts!

Is the lure of a tropical beach, ocean cruise, family reunion or weekend getaway beckoning? Stop by our office, and let one of our travel professionals plan everything for you down to the last detail. Not only will we find you the best price, we can also custom design a trip just for you. We also have loads of brochures for a wide variety of Texas points of interest for day or weekend trips.

## LEISURE TRAVEL OFFERS:

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- All-Inclusive Vacations
- Vacation Packages
- Airline Tickets
- Trip Insurance

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**BEST VALUE**  
We find you the lowest fares available including military fares.

**EXPERT GUIDANCE**  
We have access to a variety of travel options and quotes from many different suppliers to help you find the product that's right for you.

**PERSONALIZED SERVICE**  
No impersonal web sites! One-on-one customer service.

## Vanishing Texas River Cruise

**November 20, 2010**

It's not too late! Slots are still available for the Vanishing Texas River Cruise. This scenic boat ride gives guests the opportunity to view beautiful Texas autumn scenery and the chance to see American bald eagles. Rain or shine, the boat offers a comfortable seating environment inside and out. For \$42 per person, this private two-hour chartered ITT cruise also includes transportation and a box meal. Sign up at ITT.

## Honeymoon Registry

ITT Leisure Travel offers a registry program that is similar to department store registry programs. Instead of registering for kitchen appliances and household items, your wedding guests contribute to your honeymoon. Cards and envelopes designating participation in this program are supplied to enclose in your wedding invitations. Guests can then send in money which will be applied to your pre-selected honeymoon package. This service is \$25.



## CARNIVAL VICTORY SOUTHERN CARIBBEAN CRUISE

**APRIL 3-10, 2011**

FROM SAN JUAN, PUERTO RICO  
TO ST. THOMAS, DOMINICA, BARBADOS, ST. LUCIA, ST. KITTS, ST. MAARTEN  
BACK SAN JUAN, PUERTO RICO

PRICES ARE PER PERSON BASED ON DOUBLE OCCUPANCY  
PRICES REFLECT CRUISE ONLY

LEAFY CABIN CAT. 40 - \$562.28  
OCEANVIEW CABIN CAT. 30 - \$692.28  
BALCONY CABIN CAT. 20 - \$872.28

YOUR ITT TRAVEL EXPERT CAN BOOK YOUR AIRLINE TICKETS!

\$25.00 PER PERSON NON-REFUNDABLE DEPOSIT DUE UPON BOOKING PLUS \$7.00 SERVICE FEE  
\$250.00 PER PERSON PAYMENT DUE OCTOBER 25, 2010  
FINAL PAYMENT DUE JANUARY 10, 2011

INSURANCE IS OPTIONAL BUT HIGHLY RECOMMENDED  
PASSPORTS ARE REQUIRED FOR EVERYONE

CARNIVAL HAS THE RIGHT TO REEVALUATE FUEL SUPPLEMENT CHARGE AT ANYTIME.

FOR MORE INFORMATION, PLEASE CALL 671-7111.



Lackland ITT brings you the opportunity to experience the amazing "Walk through Bethlehem" in Durst, the walk of lights in Marble Falls and another light spectacular in Johnson City. Also enjoy four hours of free time for lunch and shopping in Fredericksburg with this one-day tour.

Saturday, December 4, 2010

## Hill Country Holiday Lighting



## Walk Through Bethlehem Tour



\$29 per person  
Departs Arnold Hall at 10 a.m., returns approximately 11 p.m.

671-3009  
ITT located within Arnold Hall Community Center, Bldg. 5506  
www.lacklandts.com



## AUTO HOBBY SHOP

### Drop-Off Service

Why go anywhere else? The convenience of the Lackland Auto Hobby Shop's drop-off service is right here on base! Bring your vehicle to the shop for maintenance before work then stop by before you head home to pick it up.

### Automotive Preventative Maintenance

This is a course that presents a better understanding on how to maintain your vehicle in areas such as visual inspections, hands-on lubrication, tune-up, emission controls, brakes, tires, electrical, front-end, air conditioning, exhaust system, cooling system, fluid levels, belts, hoses, primary wiring and last but not least, state safety requirements. Cost is \$30. Held the 3rd Friday of every month.



## Frame Shop

The Frame Shop is the place to go for your custom framing needs. Did you know that they can do most repairs? So don't throw it out! Bring frames with minor damage to our specialists today.

## Graphics Shop Gifts

The Graphics Shop does more than awards and plaques! Check out the shop for other laser or engraving possibilities which are great for gift giving. Look for items which can be personalized for any occasion such as wine glasses, matte boards, coffee mugs and more! Check out our online catalog at [www.lacklandfss.com/artstore/index.php](http://www.lacklandfss.com/artstore/index.php).

## Make-'n-Take Cards

**September 1, October 13 • 5-6:30 p.m.**

Whatever the occasion, the Arts & Crafts Center provides the opportunity to create special cards in their Make-'n-Take class. Materials are provided for each student for \$5. The next classes will be held on September 1 and October 13 from 5 to 6:30 p.m. on both days. Students under age 13 must be accompanied by an adult.

## Personalized Book Covers

**September 8, October 6 • 4-5 p.m.**

This first-time, one-session class offers students the opportunity to protect school books with the Arts & Crafts Center's wide selection of stencils made for their popular branded die-cutter. Other neat materials and supplies will be provided. Class cost is \$5 per book.

## Stepping Stone Glass Ornament

**September 18 & 25 • 1-3 p.m.**

This beginner's class will teach students how to create ornaments from pieces of colorful broken or cut pieces of glass which are fused together in a kiln. This two-session class costs \$40 per person with dates offered on September 18 and 25 or October 23 and 30. All sessions are 1-3 p.m. Students must be 13 years old or older.

## Pillow Case Stenciling

**September 21, October 25 • 3-4 p.m.**

Personalize and dazzle those plain pillow cases in this one-session class. We provide the supplies and the pillow cases but you can also bring your own. Two one-session classes will be available: September 21 or October 25 from 3 to 4 p.m. Students under age 13 must be accompanied by an adult.

## Home Improvement Classes

**September 25, October 16**

Why pay someone when you can make certain home improvements yourself? On September 25, Arts & Crafts will teach you how to do it yourself with Tiling class from 10 a.m. to 12 p.m. and Plumbing 2-4 p.m. Then get ready for Crown Moulding 10 a.m.-12 p.m. and Paint Prep 2-4 p.m. on October 16. Each class is \$30 per person. Materials are included.



## Ceramics

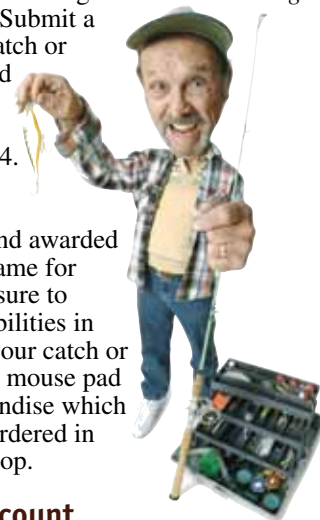
With the holidays just around the corner, it's the perfect time to attend the Make-'n-Take Holiday Ceramic Ornaments classes. These one-session

classes are \$5 per person and will be held on September 7 and 28, and October 5 and 26 from 5:30 to 6:30 p.m.

You can make your angel a special trinket in honor of safety weeks, such as National Teen Driver Safety Week, October 17-23. Visit our Ceramics Shop to select and paint a guardian angel for your loved one for only \$5. Available anytime on Mondays between 10 a.m. and 2 p.m. or Tuesdays through Saturdays from 10 a.m. to 3 p.m.

## Gloating Rights Contest

Arts & Crafts pays tribute to National Hunting & Fishing Day on September 25. So show off your catch or game in the *Gloating Rights Contest*. Submit a photo of your catch or game to be voted on by Arts & Craft patrons September 20-24. A winner will be announced September 25 and awarded an 8x10-inch frame for their photo. Be sure to check out possibilities in immortalizing your catch or game on a mug, mouse pad or other merchandise which can be special ordered in the Graphics Shop.



## Birthday Discount

**September 18, October 13**

Arts & Crafts honors the upcoming Air Force and Army birthdays with a special discount. In order to receive 10% savings on selected items, recite a respective service's creed or your unit's motto on September 18 and October 13 only.

create handcrafted pottery

learn the art of the wheel

pour your own ceramics

# LIKE GETTING YOUR HANDS DIRTY?

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**FORCE**  
SUPPORT SQUADRON

[www.lacklandfss.com](http://www.lacklandfss.com)

# Community Centers

**Arnold Hall Community Center**  
Bldg. 5506 (210) 671-2619

**Kisling Community Center**  
Bldg. 2008 (210) 977-2960

**Skylark Community Center**  
Bldg. 6576 (210) 671-2021

## Skylark Flea Market

**September 11 • 8:30 a.m.-1:30 p.m.**

Get ready for great deals at the Skylark Community Center's flea market! Shop or sell your unwanted items September 11 at the Warhawk Fitness Center parking lot, Bldg. 2418. Vendors can purchase spots for \$10 or \$15 with a table. Call 671-3191 for more information.

## Arnold Hall Instructional Classes

### PAW Camp

Arnold Hall Community Center offers dog obedience classes, also known as PAW Camp, on Wednesdays. Classes and times are catered to your pet's obedience experience. Lessons cost \$48 per dog for four classes held over one month's time frame. Call Arnold Hall for more information.



### Talent Workshop

Participants will learn vocals including song selection, stage presentation, microphone techniques, wardrobe selection, and showmanship. These classes will be taught by Sarah Cantrell, a former vocalist and tour director for Tops In Blue and a vocalist

with the AF Band. Lessons are held every Tuesday 6-8 p.m. at \$70 per month for four lessons.

### Piano Lessons

Learn to play the piano. Classes are offered by Natsumi Petri Mondays, Tuesdays and Thursdays for \$20 per half-hour private lesson.

### Self-Defense Classes

Learn the art of self-defense as "A Way of Change" every Monday and Thursday from 6 to 7 p.m. with instructor Steve O'Rand. The cost is \$10 per lesson.

## LPGA General Membership Meetings

**September 1 & 15, October 6 & 20**



Have a passion for theater arts? Join Lackland's very own community of theater enthusiasts - Lackland Performing Arts Group. Become a member today! Join them at their next general membership meeting scheduled every first and third Wednesday of each month at 6 p.m. in Arnold Hall Community Center. Call 671-2619/2352 for more information.

Skylark Community Center, Luke Blvd., Bldg 6576, 671-3191

# Outdoor Recreation & Aquatics

Phone (210) 925-5532  
309 Westover Rd., Bldg. 871

## K9 Splash Party & Dog Show

**September 25**

Get your pooches ready! This year's annual K9 Splash Party will be combined with a dog show! Both events will take place at the Warhawk Pool, Bldg. 2503, on September 25. Dogs may swim from 5 to 8:30 p.m. Cost for pool entry is \$3 per pooch.



Enter your dog in the pet show hosted by Arnold Hall Community Center under one of the categories such as Biggest Dog, Best Costume, Best Pet Trick and more! Register your dog in advance or on the event day beginning at 5 p.m. The show will begin at 6 p.m. Free refreshments and hot dogs will be served starting at 7 p.m. while they last. Watch "Homeward Bound" (G-rated) for free on our screen-on-the-green at 8:15 p.m. Be sure to bring your pooch and your favorite chair or blanket. Pets and owners must meet eligibility requirements in order to participate in both events. For pet show advanced registration, call Arnold Hall at 671-2619 or for the K9 Splash Party, call Aquatics at 671-2413.

## Fall Scuba Lessons

Courses start the second Monday of each month and continue on the following four Mondays. The next class will run September 13 to October 4 from 7 to 9 p.m. at the Skylark Aquatic Center, Bldg. 6482. This course is available for participants ages 11 and up. Instructional fee is \$22 per student. Students must also purchase a text book, mask, snorkel and fins prior to the class starting. We certify divers through SSI (Scuba Schools International). For more info, call 671-2413.

## Swim Lessons

Swim lessons will continue into fall from September 6-24 on Mondays, Wednesdays, and Fridays, 4-4:45 p.m. Levels one through adult will be offered. Lessons are open to those ages three and up. For more info, call 671-2413.



## Water Aerobics

Water aerobic classes are held at the Skylark Aquatic Center every Monday, Wednesday, and Friday from 5 to 6 p.m. The cost is \$2 per class or \$15 for 12 sessions.

## Seasonal Outdoor Pool Hours

### Warhawk Pool

Open until September 25

Wed-Fri	4-7 p.m.	Open Swim
Sat & Sun	1-6 p.m.	Open Swim

### Chaparral Pool

Open until September 25

Tues-Fri	11 a.m.-1 p.m.	Lap Swim
Tues & Thurs	5:30-6:30 a.m.	Early Bird Lap
Sat & Sun	1-6 p.m.	Open Swim

### Medina Pool

Closed for the season as of August 23

### Skylark Indoor Aquatic Center

Fall and winter hours

Mon	12-1 p.m.	Lap Swim
	4-7 p.m.	Open Swim
Tues-Fri	11 a.m.-1 p.m.	Lap Swim
	4-7 p.m.	Open Swim
Sat & Sun	1-5 p.m.	Open Swim

## Give Parents a Break/Parents' Night Out



**September 10,  
October 1  
6:30-11:30 p.m.**  
Parents, could you use some time away from the kids for an evening? The Youth Center can give you that much-needed break through their Give Parents a Break/Parents' Night Out program. You will be worry free to enjoy

yourself as the kids will be fed snacks and entertained with activities and games. You can choose between two dates that are being offered: September 10 and October 1 with both nights running 6:30-11:30 p.m. The cost is \$10 per child or FREE with a GPAB referral.

## Celebration de Los Niños

**September 10 • 4-6 p.m.**  
¡Bienvenidos a nuestra fiesta de los niños! Join us at the Youth Center on September 10 from 4 to 6 p.m. to celebrate Hispanic culture. Sample a variety of Latin dishes, play games and enjoy entertainment at this educational and exciting event. This event is free and open to all.

## Pre-Teen Lock-In

**September 24 • 7 p.m.-7 a.m.**  
Calling all pre-teens ages 9-12 years old! You're invited to attend a lock-in at the Youth Center with dancing, games, movies and snacks. Enjoy the overnight fun September 24 from 7 p.m. to 7 a.m. the following morning. The cost to attend this event is \$25 per person. Sign up by September 22.

## Pre-Teen Dance

**October 15 • 6-10 p.m.**  
Pre-teens are invited to dance, dance, dance the night away at the Youth Center's pre-teen dance on October 15 from 6 to 10 p.m. Expect to hear the latest beats with music played by a DJ. Win great door prizes. Light refreshments will be served. Admission is \$1 for members, \$2 for non-members.

## Guitar Lessons

Do you aspire to one day start your own rock band or simply want to take up a new hobby? The Youth Center offers potential rock stars the opportunity to learn guitar every Tuesday between 3 and 8 p.m. The cost is \$20 per private 30-minute lesson. Advanced sign up is required.



## Instructors Wanted

Do you have a skill or talent that you would like to share? The Youth Center is looking

for instructors to teach children. Call 671-2388 for more information on how to start your own class!

## Fall Harvest Festival

**October 16 • 10 a.m.**  
The Youth Center celebrates their annual Fall Harvest Festival on October 16 from 10 a.m. to 2 p.m. A bounty of treats, games, hayrides and other activities awaits you and your family at this free event!



## Trick or Treat Street

**October 30 • 6-8 p.m.**  
Get your costumes ready for another spook-tacular FREE event! On October 30, the Youth Center transforms into a Halloween-spirited street. Come dressed in costume as fun activities will be offered for children of all ages. This safe alternative to neighborhood trick-or-treating is open to all beginning at the bewitching hour of 6 p.m. and ending at 8 p.m.

# Family Zumba Class

Ages 8 and up with a parent

**Wednesdays  
6 - 7pm**

Lackland Youth Center

**\$2.00**  
per class  
per person

Encouraging Movement &  
Fitness Through a Family  
Fun-Paced Class

For more information, please call 671-2510

# Library

Lackland Main Library  
Phone (210) 671-3610

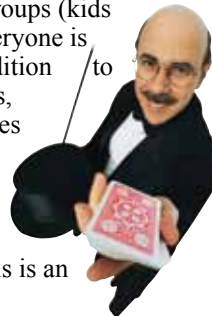
George Ave., Bldg. 6114  
Lackland AFB, TX

## Air Force Birthday Cake

Join the Lackland Library as they celebrate the Air Force's 63rd birthday as a separate service. On September 15 from 1 to 3 p.m., complimentary slices of cake and punch will be served to library patrons.

## Family Magic Show

**September 17 • 6-7 p.m.**  
Central Texas' favorite magician, Rodney Rash, will entertain Lackland families at an amazing magic show on September 17 from 6 to 7 p.m. The show's content is intended for the 'tween/teen age groups (kids ages 10-17) although, everyone is welcome to attend. In addition to performing exciting tricks, the interactive show gives audience members the chance to help the magician. Be sure to enter the library through the parking lot door as this is an after-hours program.



## Wireless Access Seminar

**September 23 • 4:30 p.m.**  
Librarian Jim Mainord teaches a short session on library wireless access on September 23 at 4:30 p.m.

## Data Base for College Papers Demo

**September 29 • 4:30 p.m.**  
Librarian Sharon Amann demonstrates how to use the library databases to obtain valuable information for high school and college research papers on September 29 at 4:30 p.m.

## Teen Reading Week Debuts

**October 17-23**  
This year's Teen Reading Week theme is "Books with Beat @ Your Library." The Lackland library will have 10-20 books from this year's list on hand for teens to read. They will then get to vote for their favorite. There will also be a book cover art contest that will be judged by a panel of professional artists.



## "Magical Bash"

**October 23 • 6:30-8 p.m.**  
The library's popular "Magical Bash" is back for a third year of family-friendly fun! Enjoy a costume contest, flashlight-story time, craft, fortune teller and a haunted house on October 23 from 6:30 to 8 p.m. It's sure to be a "magical" time for all.

## BENNETT FITNESS CENTER

925-4848

### Beach Volleyball

September 17

6 a.m.-12:30 p.m.

Get your two-player team together for the Bennett's beach volleyball competition. Registration is free. Call the Bennett for more information.



### Dodge Ball Tourney

October 15 • 7-9:30 a.m.

If you can dodge a wrench, you can dodge a ball. This old-school game isn't just for kids anymore. Assemble your own team of six players with four substitutes to compete in this exciting tourney. We all know the rules; the game is played until all opponents on one side have been eliminated. The first team to eliminate all its opponents is declared the winner. Registration is free. To sign up, contact the Bennett Fitness Center.

## CHAPARRAL FITNESS CENTER 671-2401

### Traditional Hapkido

Mondays-Wednesdays • 6-8 p.m.

Learn self-defense techniques using pressure points in the hands, joint manipulation, grappling, weapons and gaining control of an opponent with minimum effort. This class is FREE! Call the Chaparral for more information.

### Basic Judo

Mondays • 4-5 p.m.

Wednesdays • 4:45-5:45 p.m.

This ancient Japanese form of martial arts, which translates to "the gentle way," teaches effective self-defense techniques. This class is free. Call for more information.

## GATEWAY FITNESS CENTER 671-2565

### Latin Beat

Tuesdays & Thursdays • 7-8 a.m.

Improve your balance, flexibility, and range of motion with our Latin Beat class. It's fun and fast paced. You're guaranteed to lose yourself in the music and find yourself in shape. Class is free and held every Tuesday & Thursday 7-8 a.m.



## MEDINA FITNESS CENTER

671-4477/4525

### Spinning Class

Mondays 11:30 a.m. • Wednesdays 3 p.m.

Designed to burn calories and tone your body, this class provides a challenge to overcome personal obstacles. Be prepared to sweat, so bring water and a towel. The fee is \$2 per person.

### Teen Weight Lifting Class

Tuesdays and Thursdays 2-3 p.m.

This popular teen weights class will continue into the fall. Each session will consist of different free weight exercises focused to improve upper body, lower body, and core

	By Oct 20	Oct 21-23
Half-Marathon	\$55	\$75
10K	\$35	\$55
5K	\$25	\$45

- Open to all DoD ID cardholders & their guests
- T-Shirts & medals for all participants
- Prizes for top finishers in each gender/age group
- Start/End at base Parade Field
- Registration fee is non-refundable and non-transferable
- Register at any Lackland Fitness Center or download an entry form at [www.lacklandfss.com](http://www.lacklandfss.com)

strength. The instructors will go in depth showing the proper form and technique needed to reach MAXIMUM fitness level. This class is free.

### Russian K-Bell

Thursdays 3:30-4:30 p.m.

This free class is designed specifically around the Russian kettle-bell with a variety of exercises geared to tone, strengthen, build endurance, and man-handle weakness into submission! Transform your body into lean, defined muscle while burning calories, and KICKING FAT TO THE CURB!

### Running Mechanics Class

Fridays 4-4:30 p.m.

Want to get the most out of running? Take advantage of this free class focusing on proper running form, technique, breathing, and gear. Attention to these factors will increase run time and decrease muscle and joint pain.

## WARHAWK FITNESS CENTER

671-2016/3490

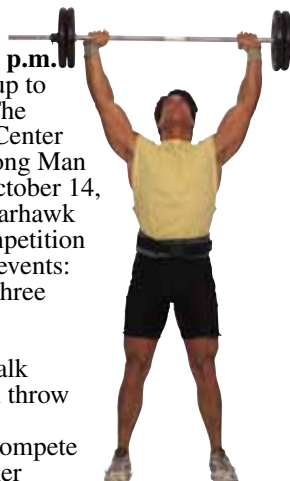
### Strong Man Competition

October 14 • 4:30 p.m.

Put your strength up to the ultimate test. The Warhawk Fitness Center will hold their Strong Man Competition on October 14, 4:30 p.m. at the Warhawk football field. Competition will involve these events:

- Tug of war - three person team
- Truck pull
- Ammo can walk
- Medicine ball throw
- Bench press

Men and women compete for medals and other



goodies to be awarded to first, second, and third places. To sign up, please call the Warhawk Fitness Center.

### 2010 Defender Cup Military Open

September 4-6

The 2010 Defender Cup Military Open Soccer Tournament will be held September 4-6. Last year, eighteen teams competed with Travis AFB crowned as champions. This year, twenty military teams will be competing for the right to be called "The Best in the Air Force". All games will be played at the STAR Soccer Complex located at 5103 David Edwards Drive with the exception of the championship game which will be played at the Warhawk Field, September 6 at 3 p.m. For more info, call 671-3716.



### Gateway 5K/10K/Half-Marathon

October 23 • 8 a.m.

Get ready for this year's Second Annual Gateway 5K/10K/Half-Marathon! Last year, over three-thousand participants ran in the First Annual Gateway Half Marathon. We hope to have a bigger turnout this year. We give runners the option to choose from the 5K, 10K or a Half-Marathon. The run will kick off at the BMT parade field at 8 a.m. T-shirts and medals will be given to all participants. Awards will be given to the top finishers in each gender/age group. Register at the Warhawk, Chaparral or Medina Fitness Centers. Registration forms may be obtained at [www.lacklandfss.com](http://www.lacklandfss.com). For more info, please see the ad on this page or call 671-3716.

### Intramural Sports

Flag football will begin September 1 and co-ed volleyball will begin October 4. For more info, please call 671-2725.

# Lackland Clubs

Gateway Club 645-7034  
1650 Kenly Ave (Bldg. 2490)

Kelly Field Club 925-8254  
205 Mabry Dr. (Bldg. 1676)

## Wine Tasting

September 16 • 5-8 p.m.

Join us at the Gateway Club for wine tasting in the Lone Star Lounge September 16 from 5 to 8 p.m.

Sample a variety of fine wines especially selected for this event. Live music will be played for your enjoyment by the local band "Sax on Da Beach." Admission is free.



## Gateway Club Closures

The Gateway Club will be closed on September 6 in observance of Labor Day and October 11 for Columbus Day. September 27 and October 28 the Club will be closed for lunch.

## Sax on Da Beach

October 1 • 5-8 p.m.

If you haven't heard the live band "Sax on Da Beach" play at the Gateway Club yet, you don't know what you're missing! Envelope yourself in their dance-inspiring beats on October 1 from 5 to 8 p.m. in the Lonestar Lounge. Following "Sax on Da Beach's" performance, continue to dance to rhythms provided by DJ Doggin' Dave Productions from 8 p.m. to 1 a.m.

## Kelly and Gateway Club Specialties

Don't forget to look to your clubs to hold wedding receptions, anniversaries, farewells, retirements, graduation celebrations and

more! Both the Kelly Field and Gateway Clubs have catering professionals on staff to help you choose the venue and menu for your occasion and guests. Call the Gateway Club at 645-7034 or the Kelly Field Club at 924-7341 to set up an appointment or for more information.

## Halloween Party

October 30 • 7 p.m.-1 a.m.

It's that time again! Time to get your costume ready for the Gateway Club's annual Halloween party slated for October 30 from 7 p.m. to 1 a.m. It's an event you won't want to miss! Enjoy live music performed by the Europa Band from 9 p.m. to midnight. DJ Doggin' Dave Productions will be standing by to provide music for you to boogie to as well. Come in costume as prizes



will be awarded for the best costume in various categories. Members attend for free, non-members pay \$3.

## Retiree & Members' Appreciation Nights

The Gateway Club honors retirees and club members with their Retiree & Members' Appreciation Nights on September 21 and October 12 in the Fiesta Ballroom. Social hour is from 5 to 6 p.m. with seated dinner from 5 to 8 p.m. Choose from beef, chicken or fish accompanied by a variety of delectable sides at \$10.50 per person. Dance the night away to big band sounds with ballroom dancing and a dance contest.

## BINGO!

Bingo is back! The Gateway Club hosts bingo games at Mitchell Hall, Bldg. 2300 every Sunday, Monday and Thursday with \$2,250 minimum in nightly prizes! Card sales begin at 6 p.m. with a minimum buy-in at \$6 for 6-on packs. Bingo begins at 7 p.m. Play ten regular games per session plus jackpot games and night owls. It pays to be a member because admission is free to AF Club Members, \$5 for non-members.

Kelly Field Club  
205 Mabry, Bldg. 1676

# 9/30

10:30 AM - 1 PM

## FISCAL NEW YEAR BUFFET

**\$9.95**  
PER PERSON

**Entrees**  
Chicken Piccata  
Dr. Pepper Pork Ribs  
Prime Rib Au Jus  
Fried Shrimp

**Sides**  
Whipped Potatoes w/Brown Gravy  
Rice Pilaf  
Asian Stir Fry  
Green Beans w/Red Peppers

**Soup & Salad Bar**

**Desserts**  
Peach Cobbler  
Carrot Cake  
Boston Creme Pie  
Lemon Meringue Pie  
Cheesecake w/Mixed Berries  
Assorted Desserts

**Beverages**  
Ice Tea  
Coffee  
Strawberry Lemonade

For group reservations, call 924-7341

# Boss's Day Buffet

October 15, 2010  
10:30am - 7:00pm

Kelly Field Club  
205 Mabry, Bldg. 1676

**\$9.95 per person**  
the boss \$8.95

Small gift for the boss while supplies last

**Entrées:**  
Prime Rib w/Burgundy Au Jus, Chicken Scaloppini w/Side Linguini  
Marinara, Roast Pork Loin Stuffed w/Dried Fruit, Pecan Crusted Fried Catfish

**Sides:**  
Whipped Potatoes w/Brown Gravy, Parsley Red Potatoes, Green Beans  
Almondine, Asian Stir Fry, Rolls & Butter

**Soups:**  
Shrimp Gumbo, Clam Chowder

**Salads:**  
Greek Salad w/Feta Cheese & Black Olives, Fresh Fruit Display,  
Vegetable Display w/Ranch Dip, Potato Salad, Potato Salad,  
Anchovies, Jalapeno Cilantro Slaw

**Desserts:**  
Snickers Cheesecake, Cheesecake w/Mixed Berries, Boston Creme Pie,  
Carrot Cake, Lemon Squares, Black Forest Cake, Red Velvet Cake,  
Pecan Pie w/Whipped Topping, Assorted Desserts

**Beverages:**  
Ice Tea, Coffee, Strawberry Lemonade

Call 924-7341 for group reservations

www.lacklandfs.com

# The Haunting at 205 Mabry

Kelly Field Club Halloween Buffet  
October 29, 2010  
10:30 a.m.-1 p.m.

**BUFFET MENU FEATURING:**  
Baron R. Beef (Steakship Brand)  
Spider Web Linguini (Linguini w/White Cream Sauce)  
Rosemary's Baby Chicken (Chicken Breast w/Mushroom Sauce)  
Mystery Meat "Charlie's" Surprise (Who "me"?)  
Monster Mash Potatoes (Whipped Potatoes w/Brown Gravy)  
Scary Scalloped Potatoes  
Eye of Newt (Green Beans w/Bacon)  
Snake Eyes (Corn O'Brien)  
Hard as a Rock Rolls  
Black Widow's Salad Bar  
Frankenstein Hot Dog Bar  
Shark Fin Soup (Seafood Gumbo)  
Chicken's Feet Soup (Chicken Noodle)

Watch! Best Ice Tea  
Mugshot Beer (Strawberry Lemonade)  
Dr. Death Brew Coffee  
Jack-O-Lantern Pumpkin Pie w/Whipped Cream  
Green Yarn Dot Cake w/Worms  
Orange Velvet Cake  
Turtle Brownies  
Black Cat Ice Cream Bar  
Shrimp Peach Cobbler  
Trick-or-Treats

Call 924-7341 for group reservations  
Kelly Field Club, Bldg. 1676

**\$9.95 per person**

# gateway club 2010

Bldg. 2490  
645-7034

## SEPTEMBER & OCTOBER

### DAILY SPECIALS

#### CLOSURES

September 6  
Labor Day  
October 11  
Columbus Day  
September 27  
October 25  
Club Closed for Lunch

#### TUESDAYS

**Steak Buffet Lunch**  
One Steak per Person  
\*Coupons Accepted  
\$8.95 \*\$9.95 as of Oct

**All-You-Can-Eat Lunch Special**  
11 a.m.-1:30 p.m.  
\$8.25

**COOK OUT You Are The Cook**  
5-8 p.m.  
Lonestar Patio  
Steak - \$9.95  
Chicken - \$8.95  
Burger - \$4.25 w/bag of chips  
\*\$5.25 as of Oct  
Drink not included w/price

#### WEDNESDAYS

**Pasta Lunch Special**  
11 a.m.-1:30 p.m.  
\$8.95 \*\$9.95 as of Oct  
\*Coupons Accepted

**All-You-Can-Eat Lunch Special**  
11 a.m.-1:30 p.m.  
\$8.25

**Early Bird Special**  
4-6 p.m.  
Dining Room  
\$9.75 per person  
Your Choice Steak, Chicken, or Fish. Includes Soup & Salad Bar

**Wing Wednesday**  
5-7 p.m.  
Lonestar Lounge  
DELICIOUS Hot Wings  
30¢ each

**Social Hour**  
5-7 p.m.

**Bar Food Menu Available**  
5-8 p.m.

**Bar Bingo**  
5-7 p.m.  
Maverick Lounge

#### THURSDAYS

**All-You-Can-Eat Lunch Special**  
11 a.m.-1:30 p.m.  
\$8.25

**COOK OUT You Are The Cook**  
5-8 p.m.  
Lonestar Patio  
Steak - \$9.95  
Chicken - \$8.95  
Burger - \$4.95 w/bag of chips  
\*\$5.25 as of Oct  
Drink not included w/price

**Social Hour**  
5-7 p.m.

**Bar Food Menu Available**  
5-8 p.m.

#### SUNDAYS

**Champagne Brunch**  
9 a.m.-1:30 p.m.  
Includes glass of bubbly  
\*Prices:  
Members - \$14.95 \*\$15.95  
Non-Members - \$16.95 \*\$17.95  
Trainees - \$9.95 \*\$10.95  
Family & Friends of BMT Grads - \$14.95 \*\$15.95  
Child 6-12 - \$6.95 \*\$7.95  
Child 5 & under - FREE  
One coupon per primary member permitted  
\*Reflects change of price in Oct

#### FRIDAYS

**All-You-Can-Eat Lunch Special**  
11 a.m.-1:30 p.m.  
\$8.25

**Prime Rib Buffet**  
\$15.95

**Social Hour**  
5-7 p.m.  
Lonestar & Maverick Lounge

**Bar Food Menu Available**  
5-8 p.m.

#### BONANZA BINGO CARDS

Purchase them at the cashier's window

**A la Carte Breakfast**  
10 a.m.-1 p.m.  
Mesquite Dining Room

\*Coupons Accepted.  
One coupon per primary member permitted

#### UBU Snak Shak

Bldg. 118, located on Medina Training Annex  
Tuesday - Saturday,  
4 p.m.-12 midnight  
Lunch: Monday - Friday,  
11 a.m.-2 p.m.  
Closed Sunday & Monday evenings, & Holidays

#### SATURDAYS

**Soup & Chili**  
12-2 p.m.  
Members - FREE  
Guests - \$4  
Member Child - \$2

**Social Hour**  
5-7 p.m.

**Bar Food Menu Available**  
5-8 p.m.

### SPECIAL EVENTS

#### september

September 3, 10, 17, 24  
**Variety Night**  
Lonestar Lounge  
5 p.m.-1 a.m.

September 4, 18  
**International Music Night**  
Lonestar Lounge  
9 p.m.-1 a.m.  
Dance instructor 8-10 p.m.  
FREE dance lessons

September 6  
**Closed in observance of Labor Day**

September 8, 22  
**Mongolian BBQ**  
95¢ per ounce  
Adults/Kids

September 9  
**Football Frenzy Kick-Off**  
Lonestar Lounge

September 10  
**Dance Time USA**  
featuring Tobias Band  
8-11:30 p.m.  
Mitchell Hall  
FREE ADMISSION

September 11, 25  
**Karaoke Night**  
Lonestar Lounge  
8 p.m.-midnight

September 16  
**Wine Tasting**  
Lonestar Lounge  
5-8 p.m.  
Featuring "Sax on Da Beach" Band

September 21  
**Retirees & Members' Appreciation Night**  
Fiesta Ballroom  
Social Hour 5-6 p.m.  
Seated Dinner 5-8 p.m.  
Beef, Chicken, Fish  
\$9.75 per person  
Big Band Sounds with Ballroom Dancing  
DANCE CONTEST  
Dining Room Closed

September 27  
**Closed for Lunch**

#### birthday COUPON

Pick up your \$10 Birthday Coupon beginning the first day of your birthday month from the cashier's window. Primary members only.

\*Calendar subject to change without notice

#### october

October 1  
**Sax on da Beach**  
5-8 p.m.  
**Doggin' Dave Productions**  
8 p.m.-1 a.m.

October 2, 16  
**International Music Night**  
Lonestar Lounge  
9 p.m.-1 a.m.  
Dance instructor 8-10 p.m.  
FREE dance lessons

October 6, 20  
**Mongolian BBQ**  
95¢ per ounce  
Adults/Kids

October 8  
**Dance Time USA**  
featuring Tobias Band  
8-11:30 p.m.  
Mitchell Hall  
FREE ADMISSION

October 8, 15, 22, 29  
**Variety Night**  
Lonestar Lounge  
5 p.m.-1 a.m.

October 9, 23  
**Karaoke Night**  
Lonestar Lounge  
8 p.m.-midnight

October 11  
**Closed in observance of Columbus Day**

October 12  
**Retirees & Members' Appreciation Night**  
Fiesta Ballroom  
Social Hour 5-6 p.m.  
Seated Dinner 5-8 p.m.  
Beef, Chicken, Fish  
\$10.50 per person  
Big Band Sounds with Ballroom Dancing  
DANCE CONTEST  
Dining Room Closed

October 25  
**Closed for Lunch**

October 30  
**Halloween Party!**  
Lonestar Lounge  
7 p.m.-1 a.m.  
Featuring "Europa Band"  
9 p.m.-midnight  
Doggin' Dave Productions

#### FINE DINING

September 4  
**Filet Mignon w/Jumbo Shrimp**  
\$14.95

September 11  
**Italian Buffet**  
\$12.95

September 18  
**Seafood Buffet**  
\$21.95

September 25  
**Ribeye Steak w/Grilled Shrimp Skewers**  
Twice-Baked Potato, Green Bean Almondine  
\$14.95

October 2  
**Seafood Platter**  
Grilled Salmon, Breaded Tilapia, Crab, Fried Shrimp & Scallops  
\$15.95

October 9  
**Oriental Buffet**  
\$13.95

October 16  
**Seafood Buffet**  
\$21.95

October 23  
**New York Strip**  
Scallop Potatoes, Chef Vegetables  
\$13.95

October 30  
**Baby Back Ribs, BBQ Chicken**  
Brisket, Coleslaw, Baked Beans  
\$14.95

# Lackland FSS Activities Directory

NOTE: Hours subject to change without notice. Please call to confirm.

## DINING & ENTERTAINMENT

**Gateway Club Complex**  
Bldg. 2490 ☎ 645-7034

### Maverick (Officer's) Lounge

Monday CLOSED  
Tuesday & Thursday CLOSED  
Wednesday (Bingo Only) 5-7 PM  
Friday 4-9 PM  
Sundays & Holidays CLOSED

### Lonestar (Enlisted) Lounge

Monday CLOSED  
Tuesday - Thursday 4 - MIDNIGHT  
Friday 3:30 PM - 2 AM  
Saturday Noon - 1 AM  
Sunday & Holidays CLOSED

### Cashier Window

Monday CLOSED  
Tuesday-Friday 10 AM - 8 PM  
Saturday Noon - 4 PM  
Sunday & Holidays CLOSED

### Catering

Saturday-Monday CLOSED  
Tuesday - Friday 9:30 AM - 4:30 PM

### Lunch - Officers & Enlisted

Mesquite Dining Room  
Monday-Friday 11 AM - 1:30 PM

### Sunday Brunch

Champagne Brunch 9:30 AM - 1:30 PM

### A la Carte

Mesquite Dining Room 10 AM - 1 PM

### Kelly Field Club

Bldg. 1676 ☎ 925-8254  
Tuesday-Friday 10:30 AM - 1 PM  
Saturday & Sunday CLOSED

### UBU Snak Shak

Bldg. 118 ☎ 675-9469  
Monday-Friday 11 AM - 2 PM  
Tuesday-Saturday 4 PM - MIDNIGHT  
Sunday, Monday Evenings & Holidays CLOSED

### Smokin' Joe's BBQ

Bldg. 2433 ☎ 671-3784  
Sunday-Wednesday 11 AM - 7 PM  
Thursday 11 AM - 8 PM  
Friday 10:30 AM - 3:30 PM  
Saturday & Holidays CLOSED

### Mitchell Hall

Bldg. 2300 ☎ 645-7034

### Barber Shop/Beauty Salon

Bldg. 2490 ☎ 645-7045  
Monday-Friday 8 AM - 6 PM  
Saturday 9 AM-3 PM  
Sunday & Holidays CLOSED

### Susie's Kitchen

Bldg. 6476 ☎ 671-1224  
Located in Skylark Bowling Center  
Monday-Thursday 6:30 AM - 10 PM  
Friday 6:30 AM - Midnight  
Saturday 9 AM - Midnight  
Sunday & Holidays 9 AM - 8 PM

## FAMILY ACTIVITIES

### Gateway CDC

Bldg. 3220 ☎ 671-1052  
Monday-Friday 6 AM - 6 PM

### Kelly Field CDC

Bldg. 61 ☎ 925-5747  
Monday-Friday 6 AM - 5:30 PM

### Lackland CDC

Bldg. 8210 ☎ 671-3675  
Monday-Friday 6 AM - 6 PM

### Family Child Care (FCC)

Bldg. 8205 ☎ 671-3376  
Monday-Friday 8 AM - 5 PM

### Lackland Youth Programs

Bldg. 8420 ☎ 671-2510  
Before & After School 6 AM - 6 PM

### Pre-Teen Open Rec.

Monday-Thursday 3:15 - 7 PM  
Friday 3:15 - 9 PM  
Saturday 1 - 6 PM

### Teen Center

Bldg. 1508 ☎ 671-7343  
Monday-Thursday 3:30 - 9 PM  
Friday 3:30 - 11 PM  
Saturday 4 - 11 PM

### Arts & Crafts Center

Bldg. 7041 ☎ 671-2515

### Sales Store

Sunday & Holidays CLOSED  
Monday 9 AM - 4 PM  
Tuesday-Thursday 9 AM - 6 PM  
Friday & Saturday 9 AM - 5 PM

### Graphics Shop

Monday 9 AM - 4 PM  
Tuesday-Friday 9 AM - 5 PM  
Saturday & Sunday CLOSED

### Frame Shop

Monday 9 AM - 4 PM  
Tuesday-Friday 9 AM - 5 PM  
Saturday 9 AM - 5 PM  
Sunday CLOSED

### Wood Shop

Monday CLOSED  
Tuesday - Thursday 12 Noon - 8 PM  
Friday 12 Noon - 5 PM  
Saturday 9 AM - 5 PM

### Auto Hobby Shop

Bldg. 7245 ☎ 671-3549  
Self Help  
Monday & Sunday CLOSED  
Tuesday-Friday 10 AM - 7 PM  
Saturday 8 AM - 5 PM  
Full Service  
Tuesday-Friday 9 AM - 6 PM  
Saturday 8 AM - 5 PM  
Sunday & Monday CLOSED

### Main Library

Bldg. 6114 ☎ 671-3610  
Monday-Thursday 9:30 AM - 8:30 PM  
Friday 9:30 AM - 6 PM  
Weekends Noon - 6 PM

### Patient Library

Wilford Hall Medical Center  
Bldg. 4550 ☎ 292-6198  
Monday-Friday 9 AM - 5 PM

## RECREATION

### Bennett Fitness Center

Bldg. 1788 ☎ 925-4848  
Monday-Friday 5 AM - 7 PM  
Saturday, Sunday, Holidays CLOSED

### Chaparral Fitness Center

Bldg. 7346 ☎ 671-2401/2361  
Monday-Friday 4:30 AM - 9 PM  
Saturday & Sunday 12 PM - 8 PM  
Holidays 10 AM - 6 PM

### Gateway Fitness Center

Bldg. 10330 ☎ 671-1348/2565  
Monday-Friday 5:30 AM - 9 PM  
Saturday, Sunday, Holidays CLOSED

### Gillum Fitness Center

Bldg. 2086 ☎ 977-2354/2353  
Monday-Friday 5 AM - 9 PM  
Saturday, Sunday, Holidays CLOSED

### Medina Fitness Center

Bldg. 199 ☎ 671-4525/4477  
Monday-Friday 5 AM - 9 PM  
Saturday & Sunday 8 AM - 4 PM

### Warhawk Fitness Center

Bldg. 2418 ☎ 671-2016  
Monday-Friday 4:30 AM - 10 PM  
Saturday & Sunday 6 AM - 8 PM  
Holidays 6 AM - 2 PM

### Skylark Indoor Pool

Bldg. 6482 ☎ 671-3780  
Monday - Friday  
Early Lap Swim (Tue/Thur) 11 AM-1 PM  
Lap Swim (Mon) 12-1 PM  
Open Swim 4-7 PM  
Saturday & Sunday  
Open Swim 1 - 5 PM

### Chaparral Pool

Bldg. 7342 ☎ 671-2187

### Medina Pool

Bldg. 141 ☎ 671-4677

### Warhawk Pool

Bldg. 2502 ☎ 671-3445

### Arnold Hall Community Center

Bldg. 5506 ☎ 671-2619

### Kisling Community Center

Bldg. 2008 ☎ 977-2960

### Skylark Community Center

Bldg. 6576 ☎ 671-2021

### Skylark Bowling Center

Bldg. 6476 ☎ 671-1234  
Monday - Thursday 9 AM - 10 PM  
Friday - Saturday 9 AM - Midnight  
Sunday 9 AM - 8 PM

### Gateway Hills Golf Course

Bldg. 2901 ☎ 671-2517/3466

### Saddle Club

Bldg. 2954 ☎ 925-5532/5533  
671-3166

## Outdoor Recreation

Bldg. 871 ☎ 925-5532/5533  
Monday, Tuesday,  
Thursdays, Fridays 8 AM - 5 PM  
Wednesday 8 AM - 5 PM  
Saturday 9 AM - 12 PM  
Sunday CLOSED

### Paintball Course

Located at LOAC ☎ 925-2998  
Saturday 9 AM - 5 PM  
Sunday 1 - 5 PM

### FamCamp

Bldg. 2804 ☎ 671-5179  
Monday-Friday 7:30 AM - 3:30 PM  
Saturday & Sunday 8 AM - 2 PM

## Information Tickets & Travel (ITT)

Located in Arnold Hall  
Bldg. 5506 ☎ 671-3059  
Monday - Friday 9 AM - 5 PM  
Saturday 9 AM - 1 PM  
Sunday CLOSED

### Leisure Office

☎ 671-7111  
Monday - Friday 9 AM - 5 PM

### General Store

Located in BMT Reception Center  
Bldg. 7246 ☎ 671-2028  
Thursday 8 AM - 7 PM  
Friday 8 AM - 3 PM  
Saturday 8 AM - 12 Noon

## MISCELLANEOUS

### Gateway Lodge

Bldg. 7426 ☎ 671-4215

### Temporary Lodging Facility

Bldg. 3610 ☎ 671-5397

### Gateway Inn (VAQ)

Bldg. 10203 ☎ 671-2556

### Kelly Inn

Bldg. 1650 ☎ 925-1844

### Gateway Villa

Bldg. 2435 ☎ 671-5397

### FSS Headquarters

Bldg. 5616 ☎ 671-3395

### Human Resources Office

Bldg. 1650 ☎ 925-9331

### Honor Guard

☎ 671-4137

### Mortuary

☎ 671-4137

### Small Animal Clinic

Bldg. 3664 ☎ 671-2245

### Commercial Sponsorship

Bldg. 1679 ☎ 925-1187/1240

### Marketing & Publicity

Bldg. 5100 ☎ 671-3906

### NAF Accounting

Bldg. 5100 ☎ 671-3962

### 802 FSS Web Site:

www.lacklandfss.com