

# America's Armed Forces Kids Run



**Saturday, May 16**

**9:00 am (Check-in 8:30 am)**

**Lackland High School Running Track**

**Walk/Run distances are as follows:**

**Ages 5-6 ½ mile = 2 laps around track**

**Ages 7-8 1 mile = 4 laps**

**Ages 9-13 2 miles = 8 laps**

**Age 14-Adults 5K = 9 laps**

**Pre-Registration is now underway!**

**Follow these simple steps to pre-register for this fun event**

1. Log on to [www.americaskidsrun.org](http://www.americaskidsrun.org)
2. Click on "registration"
3. Select **Lackland** and click on "get events"
4. Under **Event Title** click on the appropriate age group for you
5. Click on "register" by the blue triangle
6. Fill in all fields, print out a copy for you and click "register!"

**Please, bring copy of printout to event.**

**Would you like to volunteer to help?**

**Any questions?**

**Give us a call at 671-2388**



[www.lacklandservices.com](http://www.lacklandservices.com)

